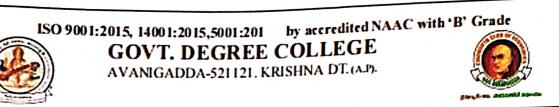
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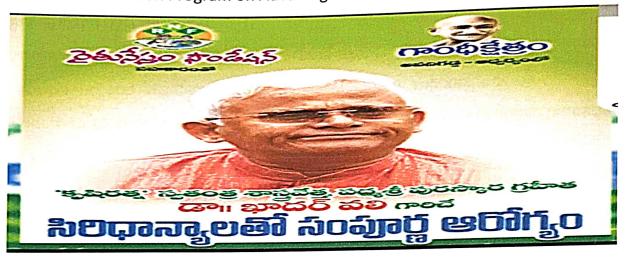
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Principal
GOVT. DEGREE COLLEGE
AVANIGADDA, Krishna Dt. 521121



## **Department of Economics**

Attend Orientation Program on Advantages of Millets as Staple Food



An orientation program on the advantages of millets as a staple food was organized at Gandhi Kshetram by former Deputy Speaker M. Budda Prasad. The event aimed to raise awareness about the nutritional and ecological benefits of millets, with the renowned millet expert, Millet Man Kadhervali, serving as the chief guest.

The program witnessed active participation from a diverse audience, including farmers, nutritionists, and health experts. Millet Man Dr.Kadhervali, with his vast knowledge and experience in millet farming, delivered an insightful presentation on the various advantages of incorporating millets into our diets.

During the program, the nutritional value of millets was highlighted. Millets are known to be highly nutritious, packed with essential nutrients such as dietary fiber, vitamins, and minerals. They are also gluten-free, making them a suitable option for individuals with dietary restrictions or sensitivities.

Furthermore, the ecological benefits of millets were emphasized. Millets are resilient crops that require minimal water and are adaptable to different climatic conditions. This makes them a sustainable choice for cultivation, helping conserve water resources and contributing to ecological balance. The program emphasized the importance of promoting millet cultivation to combat climate change and ensure food security.

Former Deputy Speaker M. Budda Prasad expressed his support for the millet movement and highlighted the need for policy support and government initiatives to encourage millet farming. He emphasized the economic potential of millet-based products and the need to create a market for them.

Overall, the orientation program on the advantages of millets as a staple food, organized by M. Budda Prasad at Gandhi Kshetram, successfully created awareness about the nutritional and ecological benefits of millets. It served as a platform to encourage the incorporation of millets into daily diets and promote sustainable agriculture practices. The event highlighted the importance of policy support and collective efforts to harness the potential of millets for a healthier and more sustainable future.







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## GOVT DEGREE COLLEGE AVANIGADDA DEPARTMENT OF ECONOMICS

25/3/22 Avanigado

To Dr .D.Uma Rani Principal, Govt Degree College Avanigadda,

Subject: Permission to Attend Orientation Program on Advantages of Millets as Staple Food

Respected madam

I am writing to request your permission to attend the Orientation Program on the Advantages of Millets as Staple Food, scheduled to be held on

I believe this program will provide valuable insights into the benefits of incorporating millets into our diet. I am eager to enhance my understanding of sustainable food choices and their impact on our health and environment.

Thanking you madam

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Yours sincerely,

## GOVERNMENT DEGREE COLLEGE AVANIGADDA



## DEPARTMENT OF FCO. DOMICS

Activity-Millet man-programmer 26/03/23

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